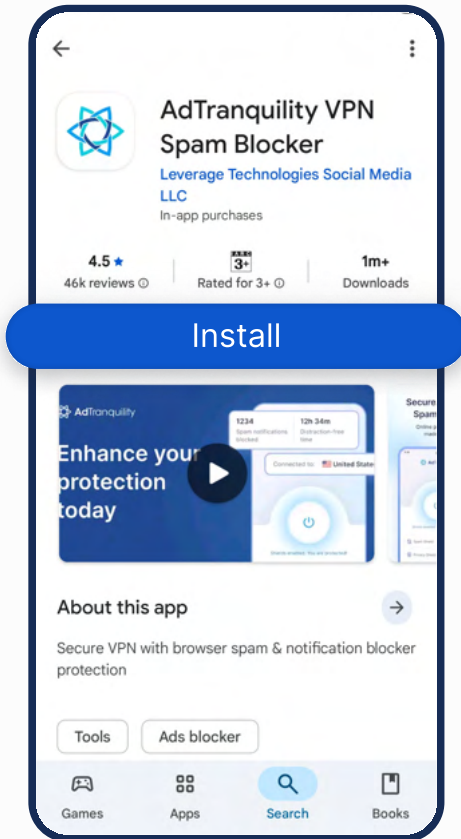


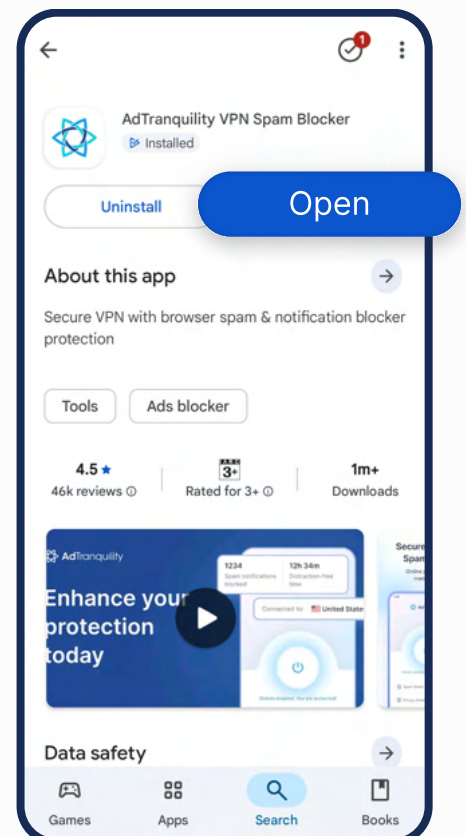
## STEP 1

# Download and install AdTranquility



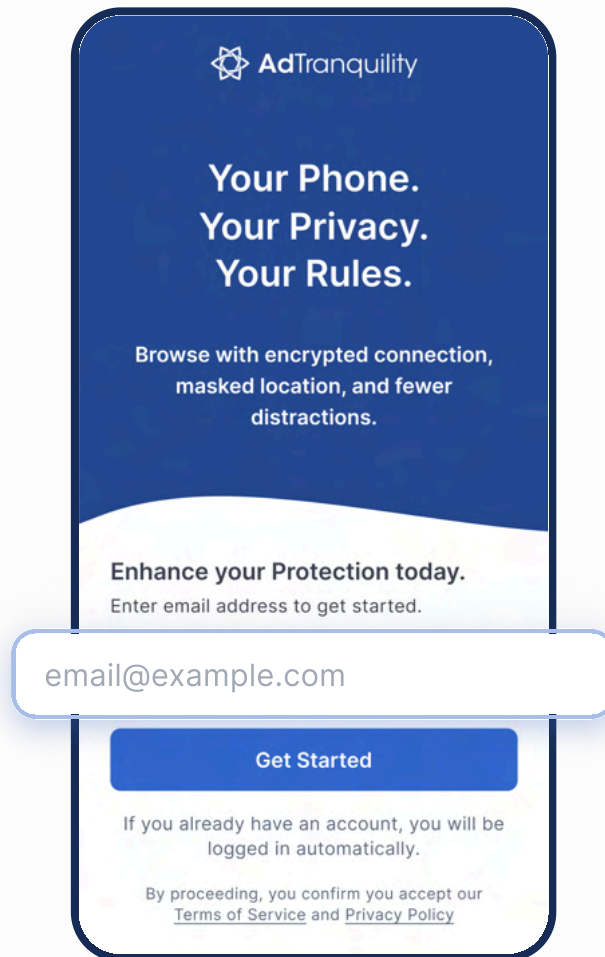
From [Google Play Store](#), tap **Install** to download and install our application.

Once installed, tap **Open** to launch it.



## STEP 2

# Verify your email address



On the initial screen, enter your **customer email** and tap **Get Started** to activate your protection.

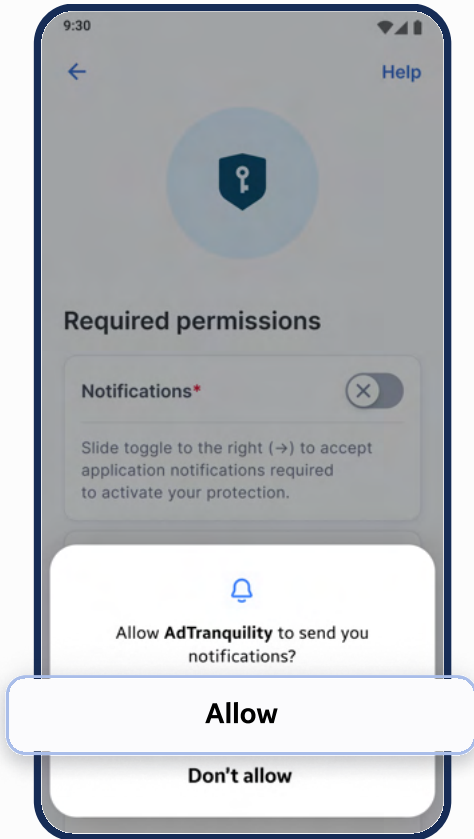
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### Can't remember your customer email?

See our help article [How can I find the email address I used to purchase my AdTranquility subscription?](#) for guidance on how to locate it.

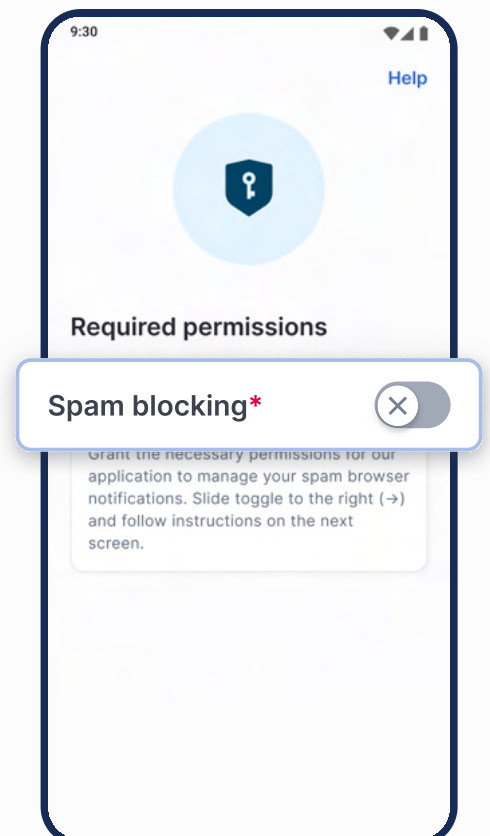
## STEP 3

# 3.1 Activate: Spam Shield



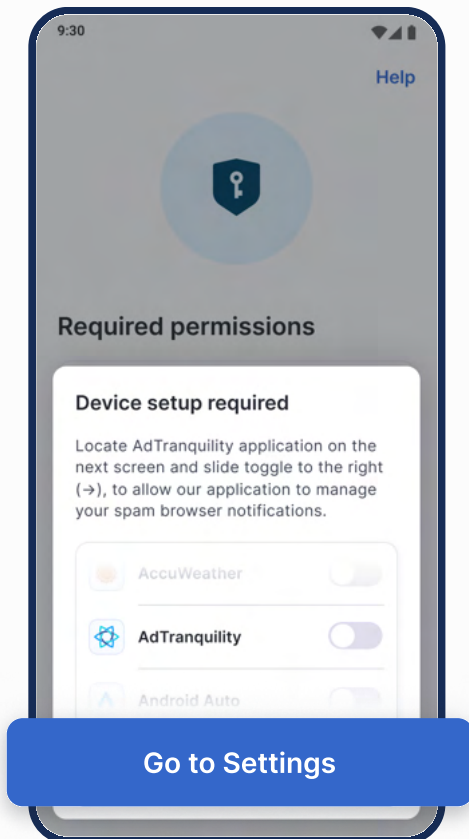
Tap **Allow** to receive notifications required to activate your protection.

Slide **Spam blocking** toggle to the right to start activation process.



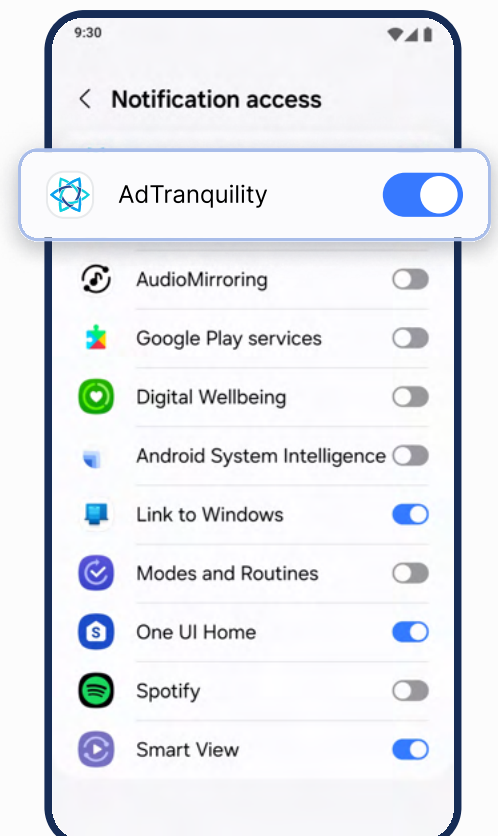
## STEP 3

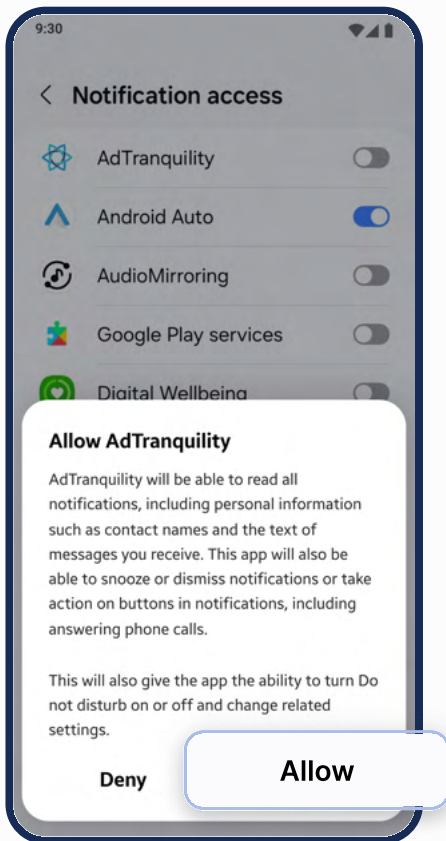
# 3.2 Give Notification Access permissions



Tap **Go to Settings** to access your phone's settings.

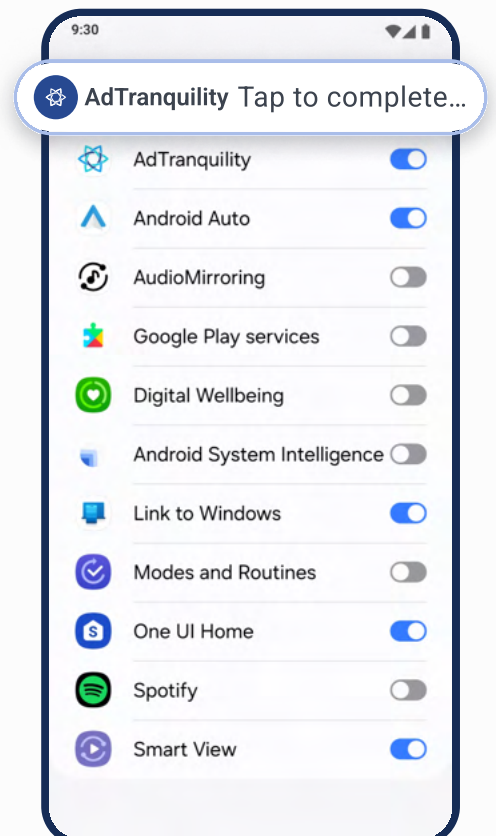
Locate *AdTranquility* application and slide toggle to the right.





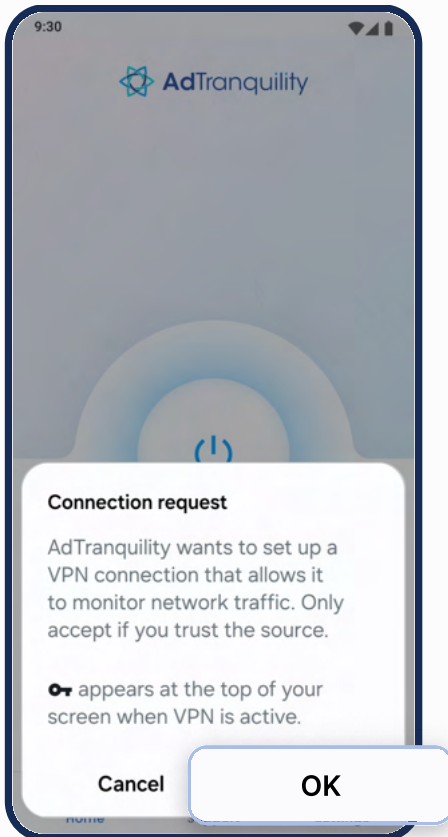
Tap **Allow** to enable AdTranquility to start blocking spam browser notifications and pop-ups, maximizing your focus.

Tap the **push notification** on your device to access AdTranquility application and complete activation process.



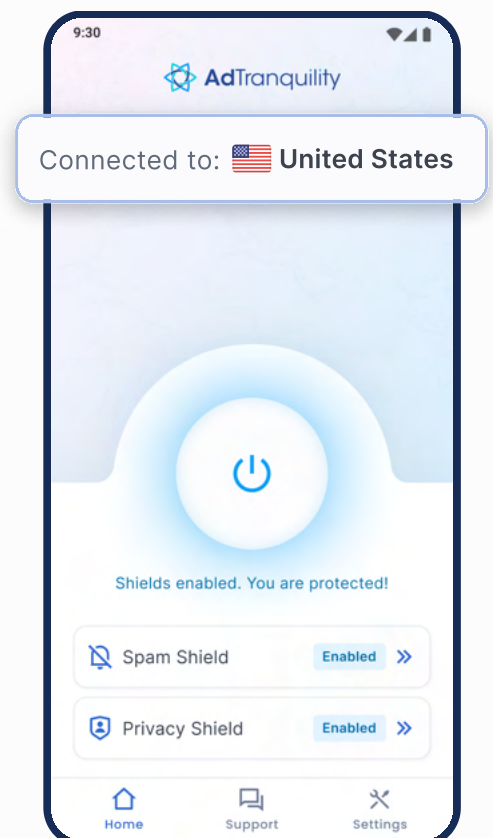
## STEP 4

# Activate: Privacy Shield



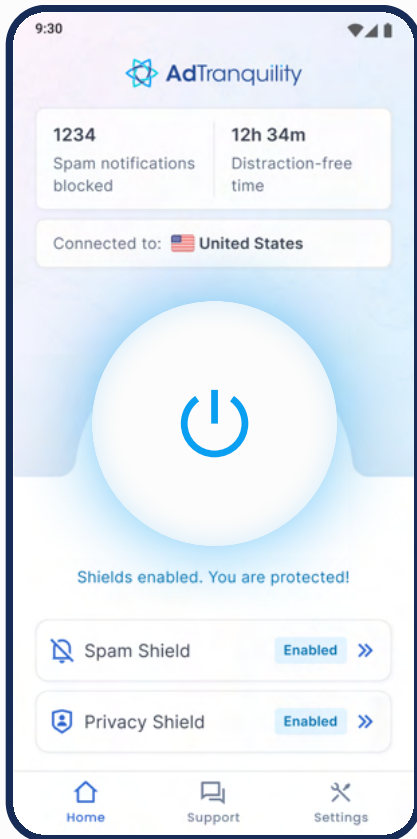
On the **Connection request** screen, tap **OK** to enable a secure VPN connection.


When a country location is displayed in **Connected to** section, your VPN connection is active and protecting your online privacy.



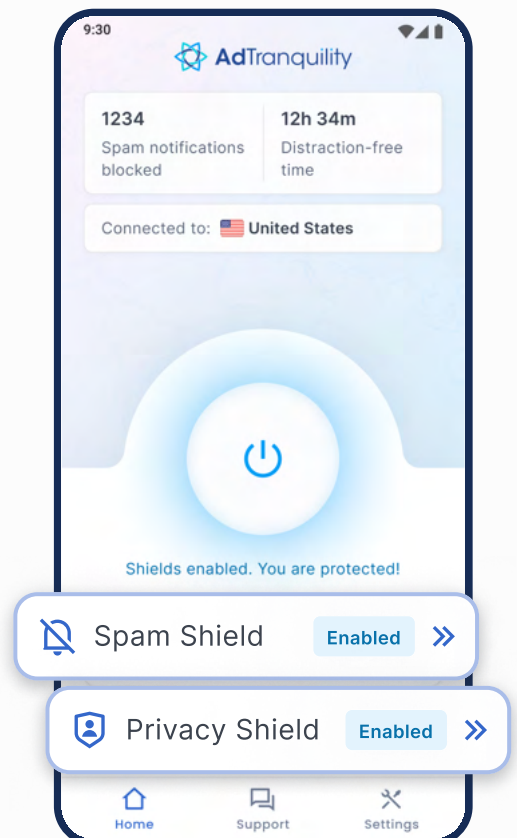
## STEP 5

# Protection Settings

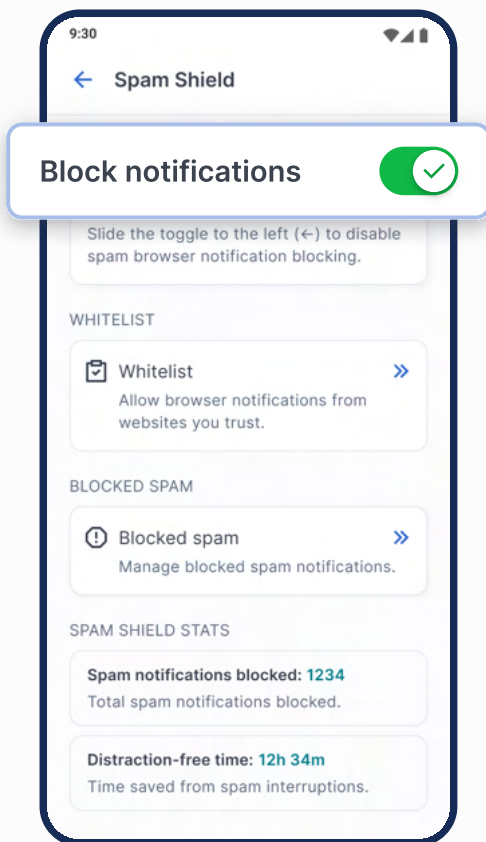


Blue button  and **Enabled** tags mean both *Shields* are active ensuring enhanced privacy, safer browsing and maximized focus.

Tap *Spam Shield* and/or *Privacy Shield* to open their settings.



# Spam Shield Settings



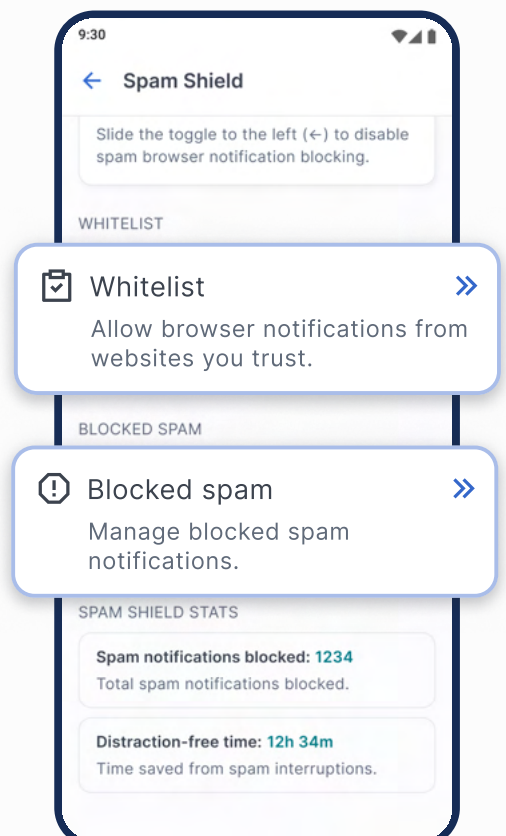
## Control spam distractions

Slide the **Block notifications** toggle to the right to block spam browser notifications and pop-ups.

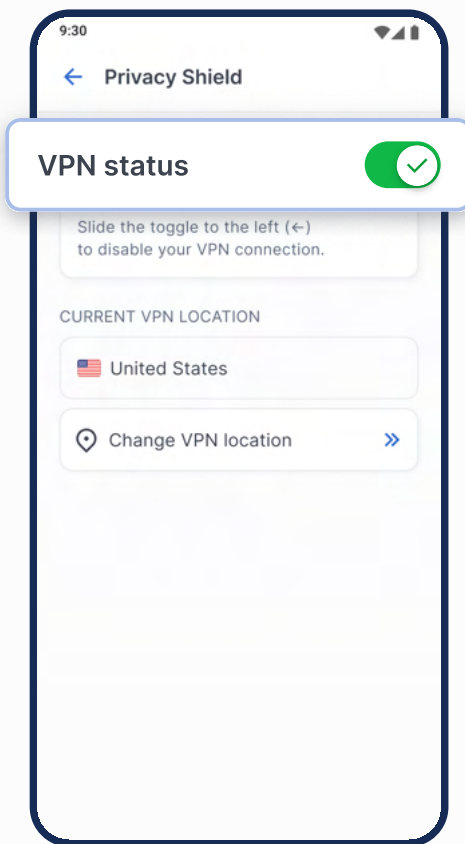
## Manage blocked spam

Tap **Whitelist** to allow notifications from trusted websites. Spam notifications remain blocked.

Tap **Blocked spam** to view or delete your blocked spam notifications.



# Privacy Shield Settings

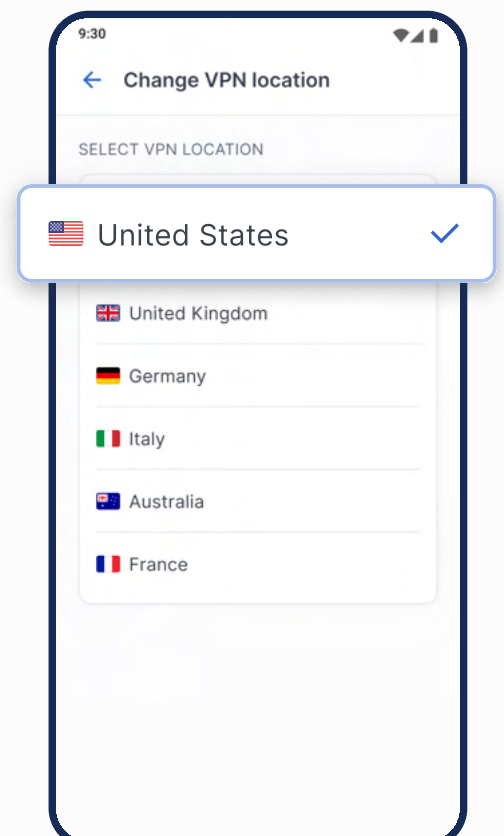


## Enable VPN connection

Slide **VPN status** toggle to the right to enable a secure connection for enhanced online privacy and safer browsing.

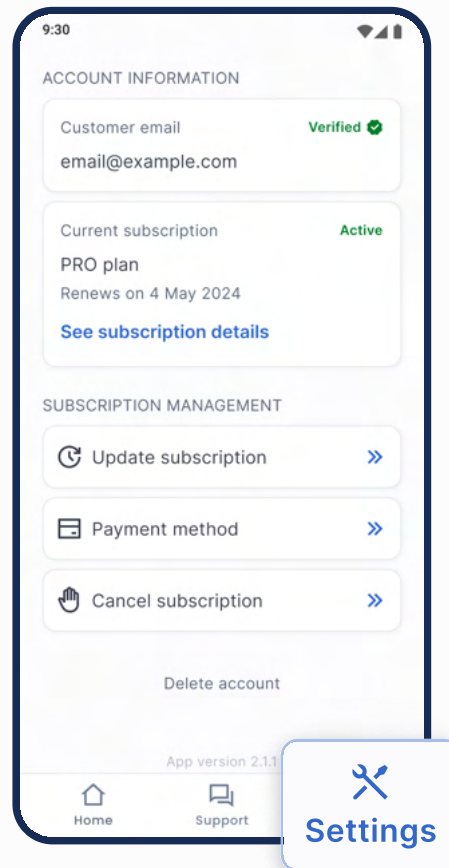
## Change VPN location

Tap **Change VPN location** and select a country for establishing your secure VPN connection (IP).



## STEP 6

# Account Management

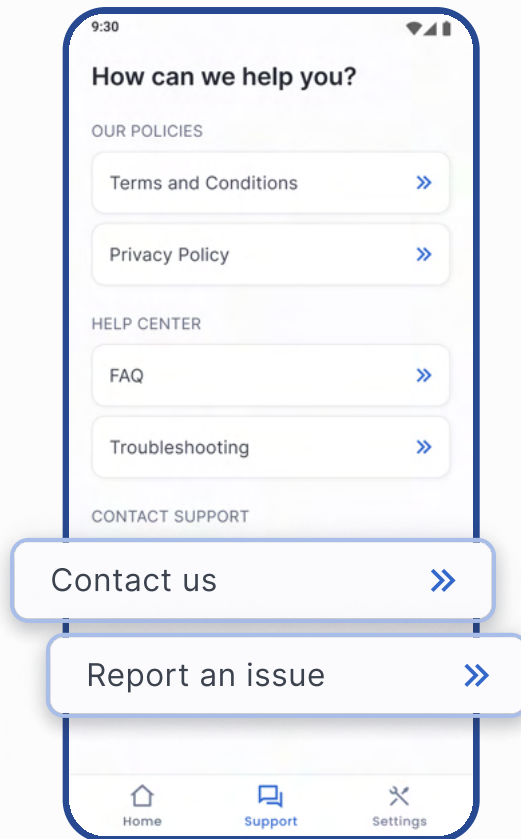


Tap **Settings** to open the **Settings** screen. From here, you can:

- Verify your **customer email**
- Check your active subscription(s)
- Tap **See subscription details** to view renewal dates and subscription details
- Update billing frequency
- Manage payment method
- Manage subscription

# NEED HELP?

Contact Customer Support directly from the AdTranquility application



Tap the **Support** icon to open the **Support screen**. From there, you can:

- Tap **Contact us** to email our Support team
- Tap **Report an issue** to submit details on an issue you might be experiencing
- Access the **Help Center** for additional support