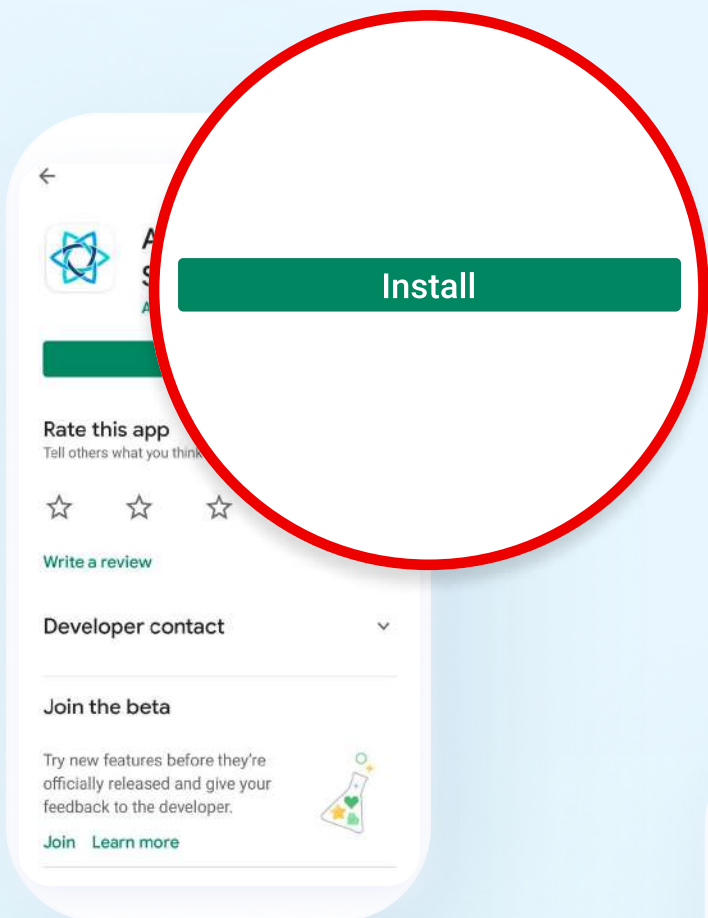


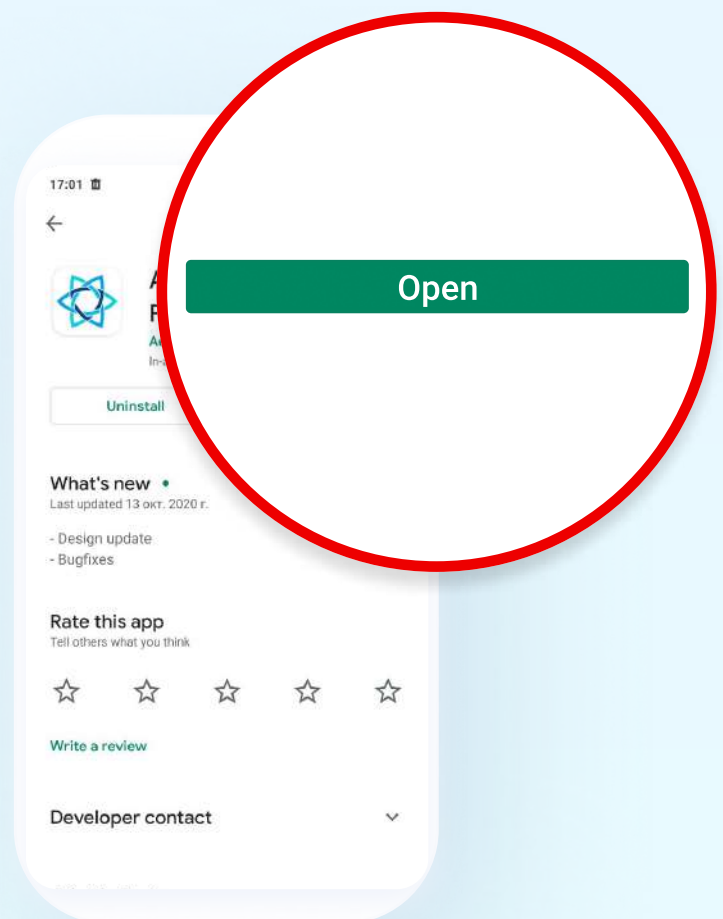
STEP 1

Download and install the app



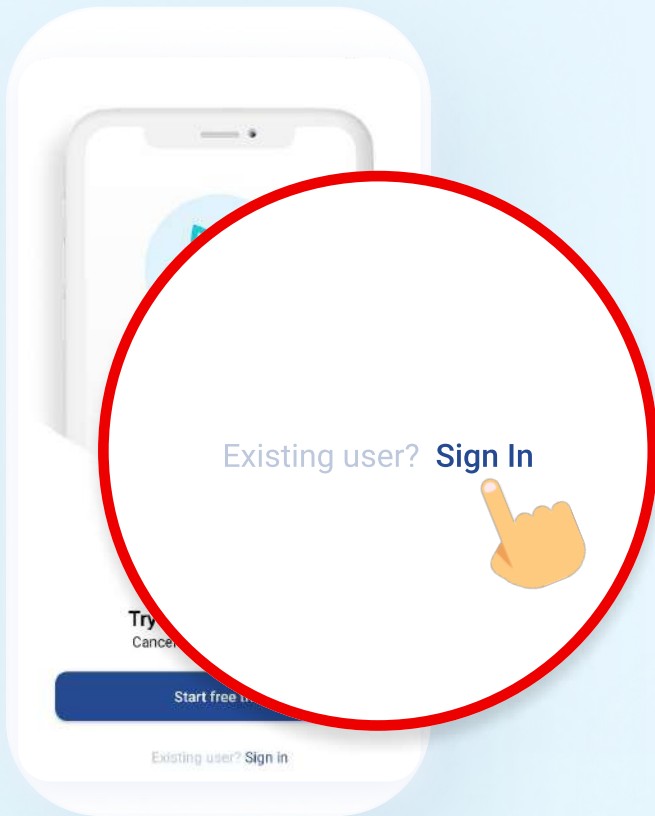
Click **Install** button to download the App.

Once installation is complete, open Adtranquility app.



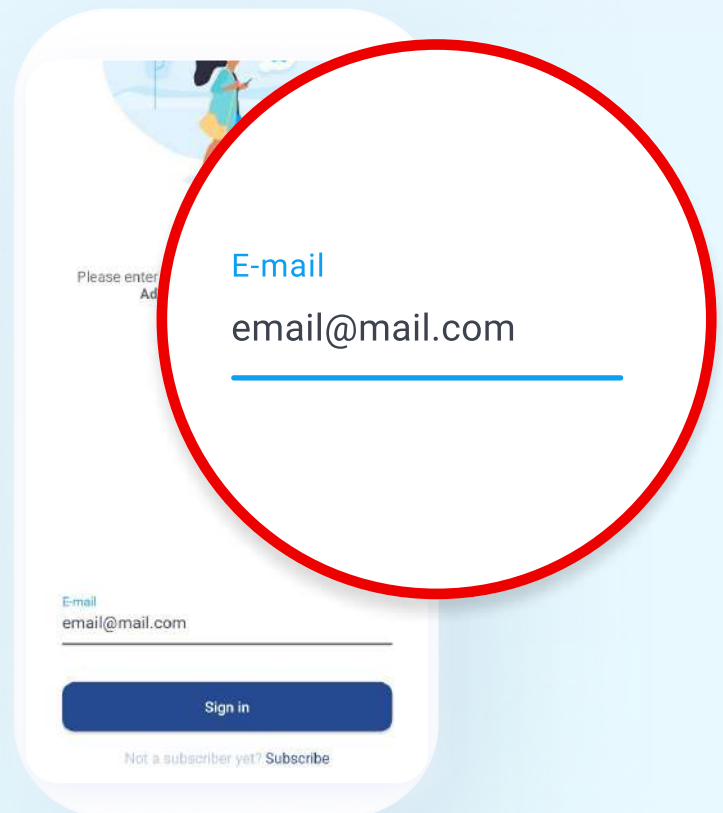
STEP 2

Launch the app and login



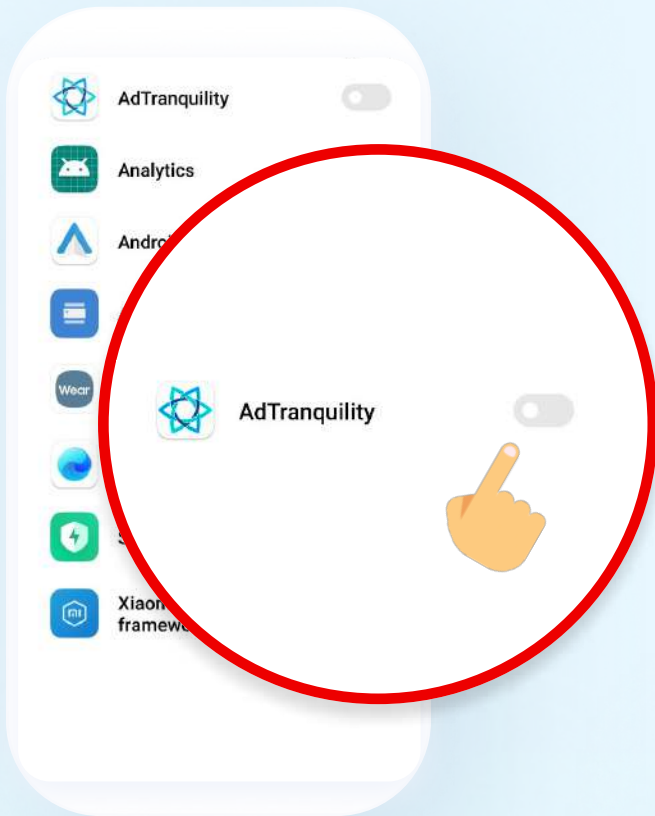
Click **Sign in** to open login screen.

Enter email you used when subscribing



STEP 3

Give necessary permissions



Give permissions for push blocker.

*Give VPN permissions if you have VPN plan.

Make sure main button in app is turned on.

